**Recent Press Quotes about the author of Methodology X™**

“Personal Trainer to a slew of Victoria Secret Angels and the man A-list actresses call when they come to London.” **ELLE**

"Dan Roberts, one of Britain's best and a man that makes Oscar winners and Royalty sweat. His forensic knowledge of all things fitness in jaw-dropping” **THE SUNDAY TIMES**

"Dan is a fitness industry legend" **GET THE GLOSS**

"Dan is one of the most important figures in the fitness and wellbeing industry." **THE MALESTROM**

"Dan Roberts is the greatest celebrity trainer" **MEN'S HEALTH**

“Personal Trainer to the Stars”: **VOGUE**

“Dan Roberts - A List Personal Trainer” **NET-A-PORTER**

“Dan Roberts a.k.a The Model Sculptor is the 1st choice for Supermodels” **EVENING STANDARD**

**Press Quotes specifically about Methodology X™**

“Methodology X™ is the bible for Models” **THE MANTRA**

“Methodology X™ is a revolutionary toning regime.” **PHOENIX**

Awarded at the 2017 Annual Gym awards. 2nd place for Best UK Mindful workout. **TATLER**